

## National Plan of Action for Nutrition

**Published by:**

Republic of Botswana

**Is the policy document adopted?:**

No / No information

**Country(ies):**

Botswana

**Date:**

1996

**Published year:**

1996

**Type of policy:**

Comprehensive national nutrition policy, strategy or plan

## National Plan of Action for Nutrition

### Goals

**Goals, objectives or targets related to nutrition:**

reduction of 1990 under five mortality rates by 1/3 within a decade

virtually eliminate iodine deficiency disorders within a decade

virtually eliminate vitamin A deficiency and its consequences (eg blindness) within a decade

fortify all appropriate food vehicles with vitamin A and iodine

eliminate severe PEM and reduce the percentage of under-five children who are underweight to less than 10% by the year 2006 or within a decade

eliminate all micronutrient deficiencies by the year 2006

reduce iron deficiency anaemia by 1/3 of the 1996 levels, especially among women of child bearing age by the year 2006

fortify all appropriate food vehicles with iron

reduce diet related NCD to levels of no public health significance

empowerment of all women to breastfeed their children exclusively for 4-6 months and continue breastfeeding, with complementary food, well into the second year (at least for 18 months)

increase access to facilities for sanitary means of excreta disposal from 41 % to 70% of rural household within a decade

increase access to safe water supply from 68% to 95% of rural households within a decade

**Reference:**

WHO Global Database on National Nutrition Policies and Programmes

**Policy topics:**

- Underweight in children 0-5 years
- Diet-related NCDs
- Physical activity and healthy lifestyle
- Food-based dietary guidelines (FBDG)
- Breastfeeding

- Breastfeeding - Continued
  - Baby-friendly Hospital Initiative (BFHI)
  - Complementary feeding
  - International Code of Marketing of Breast-milk Substitutes
  - Vitamin A
  - Iodine
  - Iron
  - Food fortification
  - Food safety
  - Food security and agriculture
  - Household food security
  - Diarrhoea or ORS
  - HIV/AIDS and nutrition
  - Improved hygiene / handwashing
  - Nutrition & infectious disease
  - Water and sanitation
  - Maternity protection
  - School-based health and nutrition programmes
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## Partners in policy implementation

- Government
  - Education and research
  - Finance, budget and planning
  - Food and agriculture
  - Health
  - Industry
  - Labour
- National NGO(s)
- Private Sector