

THE UNITED REPUBLIC OF TANZANIA

MINISTRY OF HEALTH, COMMUNITY DEVELOPMENT, GENDER, ELDERLY AND CHILDREN



DISCHARGE SUMMARY FOR COVID - 19 CASES

NAME OF HEALTH FACILITY ----- REG NO-----

FULL NAME----- AGE -----

SEX ----- DATE OF ADMISSION -----

ADMITING CRITERIA

CLINICAL CRITERIA

No	Sign and Symptoms	TICK
1	Fever or history of fever	
2	Cough	
3	Difficult breathing or shortness of Breath	
4	Sore throat	
5	Flue or Running Nose	
6	Fatigue or body malaise	
7	Others-----	

EPIDEMIOLOGICAL CRITERIA

No	Contact history	TICK
1	Travel from any country or regions with confirmed COVID-19 cases in the last 14days	
2	Travel within the country in region with confirmed COVID-19 cases in the last	
3	Exposure to confirmed COVID -19 cases in last 14days	
4	Visiting to health care facilities that has confirmed cases of COVID 19 in last 14days	
5	Expose with person or Health workers working In area with exposure to COVID 19	

Disease severity during admission

Mild	Uncomplicated upper respiratory tract infection	
Moderate	Pneumonia with no need for supplemental oxygen (O2 sats >93% on air)	
Severe	Fever or suspected respiratory infection, plus one of the following: respiratory rate > 30 bpm; severe respiratory distress; O2 sats ≤93% on air	
Critical	Acute respiratory failure and/or shock	

TREATMENT

NO	Care given in HIDTU/ ISOLATED AREA	TICK
1	Ant pyretic (paracetamol)	
2	Cough syrup	
3	Antibiotics for community acquired pneumonia	
4	Nebulization	
5	Oxygen therapy	
6	Chloroquine with azithromycin	
7	Intubation	
8	Others	

DIAGNOSTIC PCR TEST Negative () Positive ()

POST TREATMENT PCR TEST Negative () Positive () 24 HRS PCR TEST Negative () Positive ()

FINAL HIDTU/ISOLATION DIAGNOSIS _____

DISCHARGE ADVICE: 14days self- social home isolation, wear a mask for 14 days, live in a single room with good ventilation, Reduce close contact with family, Keep hands clean ,psychosocial counselling, Follow up by surveillance and PCR testing at 14days.